

By Your Powers Combined: The Essential Elements of Dynamic First-Year Seminar Classrooms

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Four Phase Model for Class Engagement

1. Class Building/Developing
Community
2. Identifying Learner Needs and Characteristics
3. Resource Discovery & Use
4. Bridging and Transition

J. N. Gardner (1981), *Developing Faculty as Facilitators and Mentors*, *New Directions for Student Services*, 14 (pp.67-80)



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Phase 1: Group Building/Developing Community

- Reduces anxiety in individuals and communication barriers within the class
- Increases level of trust among students
- Increases class cohesiveness

Ice-breaker exercises
Activities to learn names



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Phase 2: Identifying Class Needs and Characteristics

- Focuses on course goals
- Individualizes lesson plans
- Increases buy-in of students

Empathic recall
Guided activities
Structured reflection

Phase 3: Resource Discovery & Use

- Develops and uses teaching strategies
- Recognizes resources in students and class
- Identifies campus and community resources
- Provides ideas for learning applications
- Empowers students

Guest speakers
Peer Leader Guidance
Group presentations on course content

Phase 4: Bridging and Transition

- Creates structure for reflection and evaluation
- Moves learning from abstract to application
- Addresses goal setting/next steps
- Enables learning to extend beyond workshop

Reflection that processes learning
Exercises that demonstrate learning
Affirming closing activities



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Innovative Pedagogies

*Data from the National Survey of First-Year Seminars 2003, 2006, 2009,
NRCFYESIT*

- Service-learning components
- Linkages to one or more other courses
- Online components
- Incorporating a common reading program



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High Impact Practices

*Data from the National Survey of First-Year Seminars 2012-2013,
NRCFYESIT*

- Various forms of writing
- Collaboration and teamwork
- Exploration of cultures, life experiences, and worldviews different from their own



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Assessing Efforts

Why are Learning Goals Important?

Suskie, 2004

Helps Learners

- Understand what they are learning and why
- Learn more effectively
- Organize their learning

Helps Faculty Developers

- Design the program
- Communicate with colleagues
- Justify the program
- Assess the program



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Recognition and Rewards

- Simple acknowledgements
- Formal expressions
- Tangible recognition ‘certificates’
- Feedback

Student Development

- Personal assessments
 - MBTI, True Colors, Big Five
- Personal development
 - Work-life balance, wellness, assertiveness

Additional Resources

- FYE Listserv
- Esource for College Transitions
- Toolbox
- Conferences, Institutes, and Online Courses

- www.sc.edu/fye



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Questions?



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